



LET'S LOOK BACK TO SET OUR COURSE

What were your plans, dreams, + goals of 2021?
Wins + Accomplishments? Failures or Regrets?

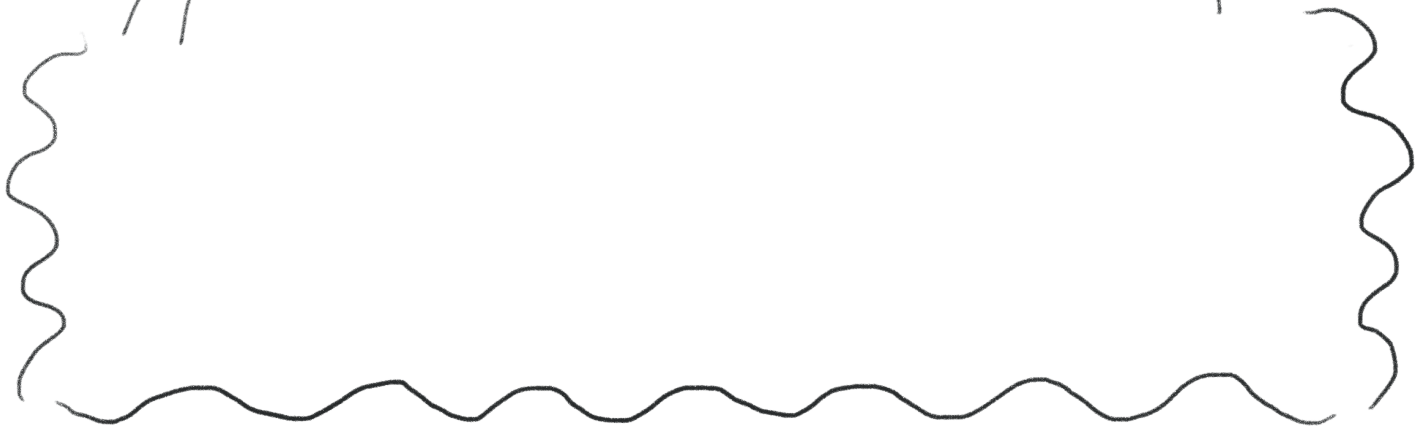
≡ LIST ≡
any reoccurring
THEMES



What makes you come alive?
What do you want to see more of in your life?



What are you thankful for?





5 YEARS FROM NOW

LIST YOUR ROLES + RESPONSIBILITIES



2022
GOALS

WRITE THEM ALL OUT. GET MESSY





2022 GOALS



CHOOSE 7-12 GOALS & MAP IT OUT

Q1 JAN - MAR · WINTER

Q2 APR - JUN · SPRING

Q3 JUL - SEP · SUMMER

Q4 OCT - DEC · WINTER

